

## SENSITIVITY PAIN GONE, REPAIR ON.

ENAMEL REPAIR  
+  
GUM PROTECTION\*



**RAPID RELIEF + REPAIR**  
WITH HAP MINERAL FORMULA



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*Prof. Beena Rani Goel, MDS, FLARE(US-A). She is the founder of the Steve Senia Rotary Endodontics Training Center located in Belgans, India, as well as a President of the International Academy for Rotary Endodontics which offers a fellowship to raise the bar for Rotary Endodontics. She maintains a private practice in Belgans and conducts regular training programs to promote quality Endodontics.*



Dr. Beena Rani Goel

### Please give a brief profile about yourself.

I was born in Kerala, 'God's own country' where I had my education, BDS from the Govt Dental College, Trivandrum. After getting married to Dr. Sumant Goel, I finished my MDS in King George Medical College, Lucknow. My teaching career started in KMC, Manipal, the first and finest private dental college in the country. Manipal gave ample opportunities to develop both professionally and in personal life. After working for three years at the Al Arab Medical College in Libya, we came back to India and settled down in Karnataka to continue the teaching career.

### Could you please briefly describe your journey from the beginning of your career to where you are today?

When I finished my post graduation, endo was simple because we had limited number of instruments to do root canal treatment. I have been lucky to come in contact with many stalwarts in dentistry. When I interact with them, I can incorporate some of their qualities into my personality and



work. The book 'Dentin and pulp' had fascinated me and I made it a point to meet its author Dr. Martin Brannstrom during my visit to Sweden.

I did gold foil restoration in presence of Dr. Melvin R Lund at Indianapolis to get my membership for the 'American Academy of Gold Foil Operators'. It was another great experience to meet Dr. Herbert Schilder at the Boston University and have a discussion on Endodontics.

But it was the meeting with Dr. Steve Senia that took my Endodontics to totally new heights. Such clarity of thought, such a passion to teach Endodontics, and such a research oriented mind! In 2003 I got the LightSpeed instruments for my post graduate student's thesis study and when I saw the potential of that system, I went to USA to get trained by Dr. Senia.

There has been an explosion in the field of Endodontics, with so many instruments, equipment and techniques. It needs a lot of knowledge and analysis to have a correct approach in every case.





**You conduct workshops and deliver lectures on Endodontics. Please give details. Do you lecture only in India or internationally as well?**

I love teaching and training. I was in Niigata Dental College, Japan as visiting professor for a month. I have lectured all over India and in Sweden, Minneapolis, and Indonesia. It was a great experience to conduct a workshop for the PhD students of Amsterdam Dental College. I introduced the LightSpeed system to the Dentists of Sydney and Melbourne. Practicing dentists in Sharjah and Sudan were introduced to rotary systems through workshops. I was fortunate to be a part of the team that conducted a two days workshop in Las Vegas.

**You are also a prolific author of many path-breaking Endodontic articles. How do you decide on a topic and find time to pen so many articles?**

I am a freelance writer. When anything touches my heart, my literary stream flows. Many dentists approach me with problems. When I give them solutions, I think that writing an article on it may benefit many more dentists. When I see an interesting case, or short comings of treated cases, I feel the need to address it and put it on paper. Finding time is dependent on one's priorities, so there is no problem with that.

**Do you work with any company to promote Endodontics? If yes, do let us know your involvement. If no, then how do you support so many programs?**

After I got trained with Dr. Steve Senia on LightSpeed system, I was associated with his company and conducted courses to spread the use of this instrument, which alone addresses the working width. Now LightSpeed Inc doesn't exist and I am not working with any company; I use instruments from different companies, depending on the merit of the instruments. We launched



the Steve Senia Rotary Endodontics Centre to conduct training programs.

**Your take on future of Endodontics from the General Dentist point of view.**

A large number of our population needs endodontic treatment and general dentists can manage many of them. The future looks bright. If the general dentists are trained well, they will diagnose the difficult cases better and refer to specialists, without jeopardizing the prognosis by attempting them and making things more complicated.

**How should a General Dentist incorporate Advanced Endo in his practice?**

It should be a gradual process. It is important to be thorough with the basics of endodontics before incorporating advanced techniques. There are steps to take endo to new levels, not magic wands that promise great results for a fresher.

## How important are the roles of Microscope, Lasers, RVG, CBCT and other modern equipment in Endodontics?

In a teaching institution, I would like to have all of them. But in a private practice set up, economics has to be taken into consideration. Electronic apex locator and RVG are the first things one has to get before starting endo cases.

## On a personal note, could you please give some information about your family.

My husband, Dr. Sumant Goel is an Orthodontist. He is very supportive and it is because of him that I could come this far. We have two daughters, elder one is an electronics engineer who is into spiritual healing now. Younger daughter is a chemical engineer and has just got her PhD from the Wageningen University, Netherlands.

## How is your spare time spent?

I am a spiritual healer too. I use many healing techniques and do past life regression therapy to help people, and teach Reiki. I love reading, do freelance writing, maintain spiritual and cookery blogs and do yoga and meditation.

## Your favorite holiday destination.

We love traveling so much that our daughters tell that we must have been nomads in the previous life. I love long drives and staying in a calm place

where I can just sit and meditate and come in contact with my inner self. We have been to Budapest recently; I really loved the place.

## Your comments about Endodont.

A major part of work in the private practice is endodontics. And general dentists can do a better job if their knowledge is good. Endodont is doing a fine job of taking relevant practical knowledge to them. I really appreciate the work you are doing.



## FAMDENT SHOWS 2014

12 CDE POINTS

(Subject to approval)

### LUCKNOW

Venue:

Indira Gandhi Prasthithan, Gomti Nagar

Pre Conference: Fri 28<sup>th</sup> March

Conference & Exhibition:

Sat 29<sup>th</sup> & Sun 30<sup>th</sup> March 2014

18 CDE POINTS

(Subject to approval)

### MUMBAI

Venue:

Bombay Exhibition Centre, Halls 2 & 5,  
Western Express Highway, Goregaon (E).

Hands On Workshops: Thu, 22<sup>nd</sup> May 2014

Conference & Exhibition:

Fri, 23<sup>rd</sup> - Sun 25<sup>th</sup> May 2014

For More Details, Please Contact: 7/102, Sapphire Court, Azad Nagar, Behind Agra Bazaar, J. P. Road, Andheri (W), Mumbai - 400053.

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